



Medway Lions 5K Pumpkin Run

10AM Saturday
October 31, 2009



Start/Finish: Medway High School
88 Summer Street (Rte 126), Medway

Costumes Encouraged 😊

Course: 5K

From rear of high school, right on Adams, left on Winthrop, left on Lovering, left on Longmeadow, left on Summer, left on Adams, returning to high school.

For more info about Medway Lions:
www.medwaylions.org

Timing/Results: Bay State Racing

Medals: Top three females and males in these age groups: 8 & under, 9-12, 13-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, and **everyone over 70**

Registration: \$20 (14 & over), \$10 (under 14). Register online at <http://www.signmeup.com/66850>

Free T-shirts: To first 100 registered runners/walkers

Please send entry and check made payable to **Medway Lions Club**
15 Laurelwood Lane, Medway, MA 02053

Goodie Bags: To first 100 registered runners/walkers

Race Day Registration and Number Pickup:

9AM – 10AM Saturday October 31, 2009

Prizes: Free raffle by racing bib numbers

Water Stop: Approximate halfway point

Parking: High school parking lot at 88 Summer St. and walk to rear of school.

DJ on site.

Refreshments: For runners and walkers

Name: _____ **Age:** _____ **Sex:** _____

Address: _____ **Phone:** _____

City/State/Zip: _____ **Date:** _____

Signature: _____

Parent or guardian if under 18

Email (for race photos - optional)

In consideration of this entry being accepted, I hereby for myself, heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Medway Lions Club which is holding this event, its agents, representatives, successors and assigns for any and all injuries suffered at this event or while traveling to or returning therefrom.